

# Are you looking for a life-changing experience?



Get on board with Health Mission on the Move, a grassroots, “hands-on” MISSION program from PC(USA) National Health Ministries.

- ***Volunteer Opportunity***
- ***“Hands-on” MISSION at Home***
- ***Congregation Sponsorship***
- ***Mission Trips***
- ***Outreach to Medically Under-served Areas***
- ***Service to Others***
- ***Sharing Your Faith Through Good Works***

**Health Mission on the Move** offers you and your congregation the opportunity to create life-changing experiences and bring God’s message of abundant life to all people through volunteer and financial support.

**Health Mission on the Move** is an important way for Presbyterians to share our faith, address the health needs of people living in medically under-served areas, to get involved in direct mission at home.

**I came that they  
may have life,  
and have it  
abundantly.**

**John 10:10b**

## What can you expect as a Health Mission on the Move volunteer?

Health Mission on the Move mission trips will enable volunteers – both health professionals and those who bring other experiences - to go to under-served areas to help address unmet health needs and assist people who may feel isolated or alone. When you volunteer, you will receive information and training.

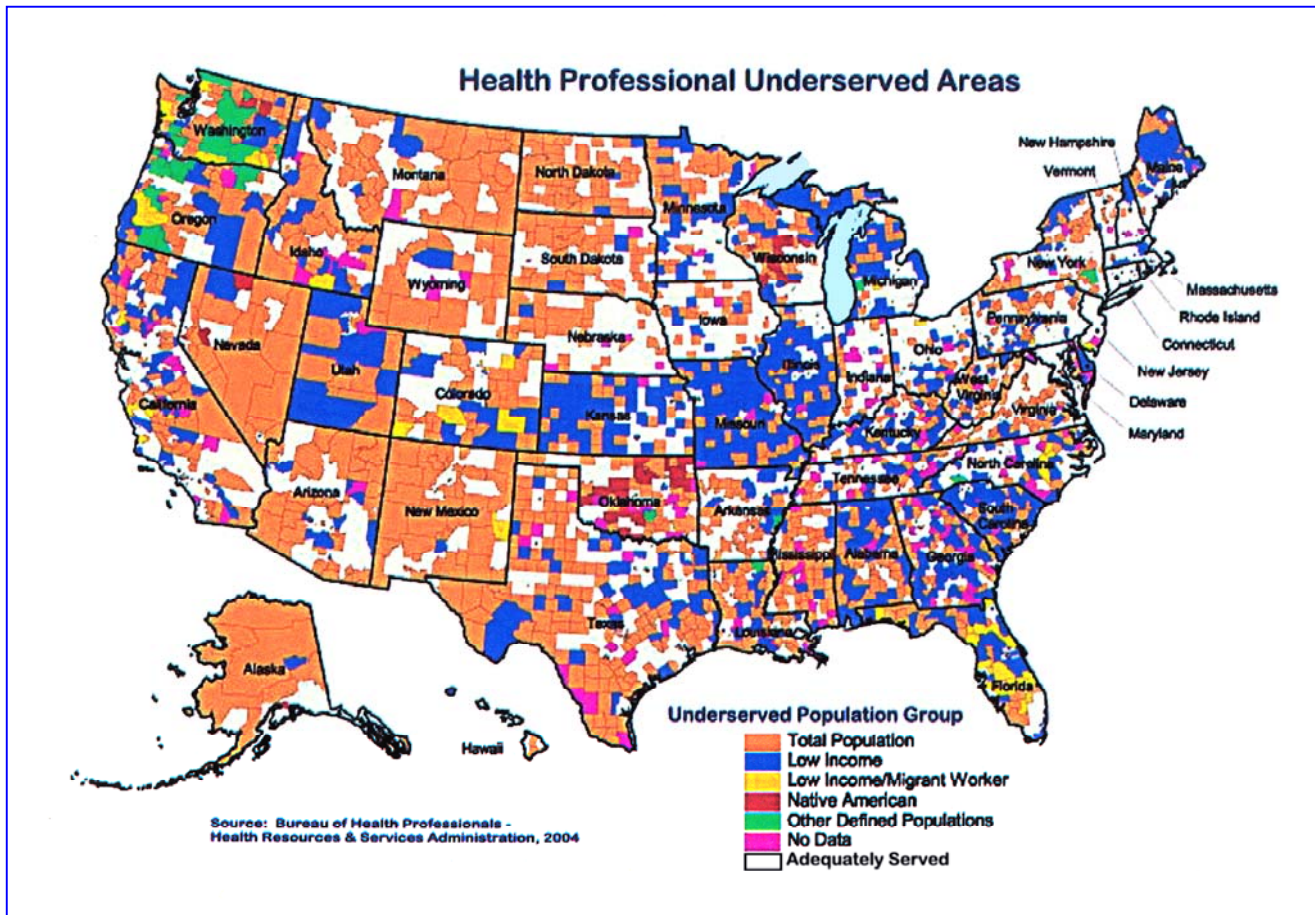
Do not neglect to show hospitality to strangers, for by doing that some have entertained angels without knowing it.

Hebrews 13:2

Health Mission on the Move services will include health risk assessments, blood pressure checks, and basic vision screenings. People discovered to have medical issues will be referred to health specialists for follow-up. One-on-one support will be offered to individuals whose health risks can be addressed through prevention and wellness education, diet, and lifestyle changes. As a volunteer, you will help people learn how to make life-changing health decisions.

In partnership with local health professionals, Health Mission on the Move will also coordinate other special services, such as dental, glaucoma, cholesterol, bone density and auditory screenings.

As the following map displays, many under-served areas exist throughout the U.S.



## **Why is *Health Mission on the Move* needed?**

- One in five persons in the United States lives in a medically under-served area, which means that sufficient health personnel, therapists, health educators, and medical facilities for residents in these areas are lacking.
- Many medically under-served areas are rural and sparsely populated.
- In medically under-served areas, people who are poor, frail elderly, Native Americans, immigrants, unemployed adults, and children are most likely to be at risk.
- Early detection through screening, diagnosis, and treatment of health conditions can result in longer and higher quality life, fewer hospitalizations, and decreased health care costs. Prevention and wellness education help decrease “high risk” behaviors.
- 45% of all Presbyterian congregations describe themselves as located in a “rural” community; thus, health disparities are affecting people within our denomination.

### **How can you help?**

- Sign up to be a **mission volunteer**. Volunteers from all backgrounds and professions are needed.
- Provide financial support to help underwrite the costs of mission trips, to increase the number of mission trips and expand the areas served. Send a donation to the **Extra Commitment Opportunity (ECO) for Health Ministries in Medically Underserved Areas #051450** .
- Encourage members of your congregation to participate, either as volunteers or through their financial support. Help spread the word about ***Health Mission on the Move***. Use your networks and contacts to show others how their lives can be enriched by joining this important program.

### **Working with *Health Mission on the Move***

Mission on the Move is made possible through a 2004 PW Birthday Offering Grant that provided funding for the purchase and equipping of a vehicle. The proposal stipulated that the unit will be shared between service in Mid-Kentucky and Transylvania Presbyteries and the National Health Ministries office.

Plans for the use of the unit that will be coordinated by National Health Ministries include health fairs and demonstration events at church-wide gatherings and several national mission trips, known as the **Health Mission on the Move**, each year.

## **What drives Health Mission on the Move?**

**Health Mission on the Move** is a “hands-on” mission outgrowth of service to people in medically under-served rural areas and to under-served population groups in the U.S. whose health status is critically reduced by access to proper care and health education. Working with local congregations, middle governing bodies and Presbyterian Women’s groups, the project will provide five important services:

- (1) **Health Mission on the Move** will have a visibility that will call attention to critical health issues in rural areas and among under-served population groups – an often forgotten topic.
- (2) **Health Mission on the Move** will provide important health education, wellness and screening services.
- (3) **Health Mission on the Move** will demonstrate significant witness, outreach and compassion within this denomination to people who often feel isolated and forgotten.
- (4) **Health Mission on the Move** will provide an opportunity for Presbyterians to support financially critical health-related mission that will positively impact people’s lives.
- (5) **Health Mission on the Move** will provide an occasion for Presbyterians throughout the U.S. to become involved as volunteers in “hands-on” medical mission – service to people, congregations and communities.

**Be part of something extraordinary.  
Change your life, as you help change the lives of others.  
Get on board with Health Mission on the Move.**

## **How will volunteers be chosen?**

Volunteer positions will be open to those who are health professionals, as well as individuals who come from different educational backgrounds and experiences. In addition to health professionals, volunteers are needed to manage the logistics of the trips, provide registration and process clients for screenings. Volunteers who are comfortable using computers will also be needed to assist individuals as they complete the Health Risk Assessment forms.

Volunteer job descriptions will help prospective volunteers decide if and how they may participate, and be encouraged to do so. Applicants will complete the required forms and include information on dates and time-frames available. As funding to support mission trips is received and the trips are scheduled, prospective volunteers will be contacted according to their availability. They will be advised of upcoming mission trips and encouraged to participate.

Pre-trip training and orientation will be tailored to the situation and the individual needs of the volunteers.

## How will the mission trip sites be selected?

Sites for the [Health Mission on the Move](#) must meet the requirement of being in the geographic areas lacking health care services, or be in rural under-served areas with under-served population groups.

The site locations for these mission trips will be selected cooperatively with the congregation or other group(s) underwriting the trip; National Health Ministries, with representation and input from middle-governing bodies; Presbyterian Women, the Rural Church Network, and appropriate others within PC(USA).

## What financial support is needed for this project?

An ECO - [Health Ministries in Medically Under-served Areas #051450](#) has been established to fund mission trips. Any individual or congregation can provide support through this designated fund.

Funds requested would be used to organize, coordinate and support national trips each year to rural areas or under-served population groups that have a definite Presbyterian presence, yet lack access to health services.

### Projected Cost per Mission Trip:

<u>Activity/Item</u>	<u>Cost</u>
1. Volunteer recruitment, selection and training	\$ 1,000
2. Coordination and logistical planning for site selection	\$ 2,000
3. Site visit to selected site (for coordination with local health service providers and Congregations/Presbyterian groups)	\$ 1,500
4. Training supplies (for volunteers @ \$75 x 10 volunteers)	\$ 750
5. Medical supplies (estimating \$35 per person screened, about 4 days in field at site, screening 100 people/day)	\$ 4,500
6. Travel to site (Health Van and volunteer transportation)	\$ 750
7. On-site accommodations for 10 volunteers/staff x 6 nights	\$ 3,000
8. Meals for 10 volunteers/staff x 7 days	\$ 2,500
9. Communication, computer & printer supplies	\$ 500
10. Miscellaneous administrative expenses	\$ 500
11. Miscellaneous field/site expenses	\$ 500
<b>Total:</b>	<b>\$17,500</b>

National Health Ministries will use existing funds to cover approximately one-third of the cost of the trip - \$5,000. The remainder of cost for each trip - \$12,500 will be funded by individuals, congregations, and other groups within the PC(USA).